



Logan County Office of Emergency Management

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Family Emergency Preparedness

Emergency preparedness is not just the responsibility of emergency personnel, but a key concept that needs to start at home. All incidents start and end at the local level and in your home is the most basic representation of that. Homes and families that are not prepared to weather a disaster are not prepared to contribute to community preparedness. The following information is designed to help you and your family be better prepared for a disaster.

72 Hour Kit

During a disaster essential needs can be hard to obtain immediately. A 72 hour kit will make first days of a disaster easier to handle. A 72 hour kit is comprised of the essentials to survive for 72 hours, or 3 days. Your 72 hour kit should be tailored to your family's needs. This kit should only include essential needs, be easily accessible in a disaster, and easily transported to the best of your abilities. This can be accomplished by keeping it in a large tote, duffle bag, trashcan, or any other large storage device that can be easily moved and transported. The following are lists of items that should be included in various kits.

<i>Emergency Kit</i>	<i>Standard First Aid Kit</i>	<i>Car Survival Kit</i>
<p>Below is the list of items you should include in your emergency kit, followed by a breakdown of kits included in your emergency kit.</p> <ul style="list-style-type: none"> • Battery powered radio or TV • First aid kit and manual • Sleeping bags • Blankets (wool & thermal) • Manual can opener • Essential medications • Waterproof/Windproof matches • Emergency candles • Charcoal/Propane grill • Water storage (1 gallon / person / day) • Purification tablets • Utility Knife • Flashlight • Extra eyeglasses/lenses • Extra clothing • Extra batteries • Fire extinguishers • Extra wood for fireplace • Nonperishable food items <ul style="list-style-type: none"> ○ Suggested nonperishable 	<ul style="list-style-type: none"> • First Aid Manual • Aspirin or Pain Relievers • Laxatives • Rubbing Alcohol • Diarrhea Medicine • Petroleum Jelly • Soap • Salt • Gauze • Band-aid • Triangular Bandage (36"x36"x52") • Elastic Bandage • Cotton Balls • Cotton Swabs • Safety Pins • Scissors • Thermometer • Sanitary Napkins (Pressure Dressing) • Disposable Diapers (Dressing/ Splint/Padding) • Micropore Adhesive • Paper Tape • Matches • Needles • Tweezers 	<ul style="list-style-type: none"> • Always Maintain at Least 1/2 Tank of Gas • First Aid Kit & Manual • Class ABC Fire Extinguisher • Radio & Batteries • Non-Perishable Food Stored in Coffee Can • Bottled Water • Bag of Sand, Shovel & Tools • Blankets or Sleeping Bags • Short Rubber Hose for Siphoning • Sundry Kit, • Paper & Pencil • Map • Tissues • Pre-moistened Towels • Plastic Bags • Essential Medications • Flashlights & Batteries • Reflectors & Flares • Waterproof Matches & Candles • Jumper Cables

<p>food items: Ready-to-eat goods in unbreakable containers, canned meats, juice, fruits & vegetables, powdered milk, infant care foods, crackers, peanut butter, freeze dried food.</p> <ul style="list-style-type: none"> • Sanitation Kit <ul style="list-style-type: none"> ○ Plastic bucket w/ tightly fitted lid ○ Plastic bags & ties ○ Hydrogen peroxide ○ Improved toilet seat ○ Paper cups & plates ○ Personal toiletries ○ Soap ○ Disinfectant ○ Baby supplies (diapers, wipes, etc.) ○ Shovel ○ Toilet paper ○ Aluminum foil ○ Paper towels ○ Personal & feminine hygienic needs ○ Soap ○ Plastic utensils 	<ul style="list-style-type: none"> • Small Splints, Popsicle Sticks • Heavy String • Syrup of Ipecac • Individual Medical Needs • Baking Soda (1/2 tsp. soda + 1 tsp. salt + 1 qt. water for shock) <p><i>Other Emergency Needs</i></p> <ul style="list-style-type: none"> • Pen and paper • Money • Address and phone numbers • Work gloves • Basic tools 	<p><i>Copies of All Legal Papers</i></p> <ul style="list-style-type: none"> • Marriage License • House Mortgage • Vacation Home / Property Ownership • Automotive Ownership • Motor Home Ownership • Wills • Jewelry Appraisals • Drivers Licenses • Trailers, Snowmobiles, Boat Ownerships • Insurance Policies • Bank Accounts
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Meeting Places

Your family should discuss meeting places in the event a disaster should occur when your family is not all in one place, or even for when your family is all together. This place should be somewhere all members can easily get to and know the location of. In the event of an incident such as a tornado or home fire, a neighbor's home or close friend's near your home is the best location. The meeting location should remain consistent. Having different locations for different disasters could create too much confusion.

Home Fire

The most common incident that families could face is home fires. There are all kinds of causes of home fires including faulty electrical and appliances, candles, cooking, smoking, etc. Just as schools practice fire drills, families should practice fire drills as well. Families should create a plan for the home and what to do in the event of a fire. This plan should include how to get out in the event of a fire from all rooms of the home. Your family should have a meeting place as discussed above, preferable a close neighbor or friend, or even just a location close to the home, yet far enough away from dangers created

by the house fire. Your family should practice this plan frequently and to make sure all family members understand it.

Tornado

Tornados are a inherit risk of living on the eastern planes. All of Logan County sits within tornado alley near the outside edge. Although Logan County averages less than 1 tornado a year, changing weather creates the possibility for rotation formation frequently. Logan County utilizes multiple forms of early warning including **CodeRED**, Emergency Vehicle PA systems, radio and cable override, and sirens to name a few. During inclement weather families should be aware of these systems and pay close attention to the information presented through these systems. As instructed, seek shelter immediately in the event you are informed to. A tornado itself is not the only danger presented with storms that produce tornados. Hail, high winds, and flying debris can pose greater danger ahead of a tornado. Families should identify a location of the home that has the following qualities:

1. Has little or preferably no windows
2. Is as close to the center of the home as possible
3. Does no create secondary hazards (i.e. paint or cleaner storage, etc)
4. Will accommodate all family members
5. Has a radio or TV to monitor weather warnings and watches
6. Is also the location of your 72 hour kit or easy access to it.

It is important to remain in shelter until an all clear has been issued or the watch/warning is over.

Flooding

Various water ways and bodies exist in Logan County from the South Platte River to the various irrigation ditches and the North Sterling Reservoir. The South Platte River is fed by various tributaries that carry rain and snow melt run off from the Rocky Mountains and provide water for irrigation and reservoir consumption. These water ways have many fail safes including diversions and spillways to minimalize impacts from large water levels and rainfall, but occasionally too much water exists to be accounted for by these fail safes. This can lead to flooding of various degrees and locations depending on a number of circumstances. Flood warnings and statements are issued by the National Weather Service. These statements use historical data for predictions of impacts based on levels and rain amounts. If a warning or watch is issued for your area:

1. Monitor alert systems such as radio and TV override
2. Prepare your family as needed (i.e. packing of important documents, cloths, etc.)
3. Mitigate your home as possible (Sandbagging, elevation of furniture, etc.)
4. Be prepared to evacuate in the event an evacuation is necessary.

Logan County utilizes door-to-door contact via Law Enforcement and Fire Departments, and **CodeRED** in the event of an evacuation. If you have a landline it is already registered. If you have not registered your cell phone please sign up at <https://www.colorado.gov/pacific/logan/logan-county-emergency-manager>.

We hope this information is helpful to you and your family, please feel free to contact us with further questions or for more information.

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